



International Alliance
on Brain Health

3rd Meeting of the **INTERNATIONAL ALLIANCE ON BRAIN HEALTH** **ROME, ITALY** **25–27 NOVEMBER 2026**

PROGRAM BOOKLET



Sin
SOCIETÀ ITALIANA
DI NEUROLOGIA



Accademia Italiana
di Medicina del Sonno



WORLD FEDERATION
OF NEUROLOGY



Swiss Brain
Health Foundation

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UNIVERSITÄT
DUISBURG
ESSEN



SOCIETÀ ITALIANA DI PSICHIATRIA
Affiliated to World Psychiatric Association



EFNR The European Federation
of NeuroRehabilitation Societies



WPA
World Psychiatric
Association



Angelini
Pharma

FOREWORD

The third meeting of the International Alliance on Brain Health is part of a series of international events, launched in Bern, Switzerland (June 2025) and continued in Buenos Aires (April 2026). These meetings bring together doctors, researchers, and professionals from around the world working on brain health.

Brain health is of great importance to medicine, society, and politics—consider that one in three people will experience a brain health-related problem at some point in their lives. Brain diseases are the second leading cause of death and the leading cause of disability worldwide. While this has a significant impact on the global economy, investment in brain health remains disproportionately low.

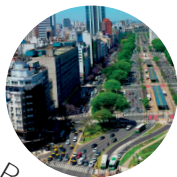
The International Alliance on Brain Health aims to discuss national plans regarding brain health, share research and communication efforts, and develop common strategies that can benefit countries, healthcare systems, and, of course, the patients and the general population. The Rome event will focus on the prevention of brain diseases, the relationship between sleep and brain health, and the comorbidity of neurological and psychiatric disorders. Special attention will be given to the Italian perspective. There will also be workshops on new approaches at the international level.

We thank you for being here with us and we wish you an interesting meeting and a pleasant stay in Rome.

Mario Zappia, Andrea Fiorillo and Claudio Bassetti
Co-organizers of the meeting



Bern, June 2025



Buenos Aires, April 2026



Rome, November 2026



Singapore, 2027

Wednesday, November 25, 2026

Swiss Embassy in Rome - on invitation only

Via Barnaba Oriani 61, Rome

- | | |
|--------------------|--|
| 16:30-17:30 | IABH Board Meeting (board members only) |
| 18:00-19:00 | Welcome addresses
<i>Roberto Balzaretti</i> , Ambasciatore Svizzero a Roma
<i>Ignazio Cassis</i> , Ministro Svizzero Affari Esteri (virtual)
<i>Orazio Schillaci</i> , Ministro italiano della Salute
<i>Roberto Nisticò</i> , Presidente AIFA
<i>Alberto Siracusano</i> , Consiglio Superiore di Sanità, Italia
<i>Claudio Bassetti</i> , International Alliance on Brain Health |
| 19:00-20:00 | Arts and the Brain: Brain Health and Beauty
<i>Michelangelo Pistoletti</i> |
| 20:00-22:00 | Networking dinner |

Thursday, November 26, 2026

Horti Sallustiani

Piazza Sallustio 21, Rome

08:30-09:15

Welcome address

Mario Zappia, Società Italiana di Neurologia
Claudio Bassetti, International Alliance on Brain Health
Andrea Fiorillo, European Psychiatric Association
Elena Moro, European Academy of Neurology
Thomas Schulze, World Psychiatric Association
Stephanie Debette, World Brain Health Forum
Steven Lewis, World Federation of Neurology
Tarun Dua, World Health Organisation (virtual)

Session 1

Prevention of Brain Disorders

Chairs: Sergio Iavicoli, Kristina Adorjan

09:15-09:30

Biological mechanisms of genetic risk for schizophrenia
Alessandro Bertolino, Università di Bari (ITA)

09:30-09:45

Prevention of Brain disorders: The neurological perspective
Natalia Rost, American Academy of Neurology (USA)

09:45-10:00

Prevention of Brain disorders: The psychiatric perspective
Thomas Schulze, World Psychiatric Association

10:00-10:15

Preventing Brain Disorders: From Risk Reduction to Brain Resilience. Lesson from multiple sclerosis
Claudio Gasperini, Ospedale San Camillo di Roma (ITA)

10:15-10:30

The PROMOTE Brain Health Trial
Philipp Homan, University of Zurich (CH)

10:30-11:00

Panel discussion moderated by co-chairs

11:00-11:30

Coffee break

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Session 2

Italian perspectives on brain health

Chairs: Mario Zappia, Andrea Fiorillo

11:30-11:45

Promoting and monitoring brain health
Nicola De Stefano, Università di Siena (ITA)

11:45-12:00

Cognitive remediation: the bridge between brain and mental disorders
Antonio Vita, Università di Brescia (ITA)

12:00-12:15

Brain Health in Italy: Addressing Functional Neurological Disorders and Promoting Early Neurorehabilitation
Cristina Tassorelli, Università di Pavia (ITA)

12:15-12:30

The suicidal brain
Maurizio Pompili, Università della Sapienza di Roma (ITA)

12:30-13:00

Panel discussion moderated by co-chairs

13:00-14:00

Lunch break

Session 3

Sleep and brain health

Chairs: Lino Nobili, Oliviero Bruni

14:00-14:15

Sleep difficulties in people with mental disorders: risk factors, symptoms or comorbidity?
Gabriele Sani, Università Cattolica di Roma (ITA)

14:15-14:30

Sleep and Mental Health in Adolescence (1)
Leila Tarokh, Bern University Hospital of Psychiatry and Psychotherapy (CH)

14:30-14:45

Sleep and Brain Health in Adolescence (2)
Alexandre Datta, University Children's Hospital of both Basel (CH)

14:45-15:00

Sleep Health and Neurological Diseases Across Adulthood: Understanding a Lifelong Bidirectional Relationship
Claudio Liguori, Policlinico Tor Vergata di Roma (ITA)

15:00-15:30

Panel discussion moderated by co-chairs

15:30-16:00

Coffee break

Thursday, November 26, 2026

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Session 4	Co-morbidity of neurological and psychiatric disorders <i>Chairs: Lawrence Tucker, Gioacchino Tedeschi</i>
16:00-16:15	Tba <i>Andrea Fagiolini, Università di Siena (ITA)</i>
16:15-16:30	The EU Cardiovascular Health Plan and brain health: Addressing the neuropsychiatric gap in stroke <i>Simona Sacco, Università dell'Aquila (ITA)</i>
16:30-16:45	Peripartum depression and the role of the brain <i>Cinzia Niolu, Università di Roma Tor Vergata (ITA)</i>
16:45-17:00	Human genetic signatures of remembering and forgetting: from physiology to drug discovery <i>Andreas Papassotiropoulos, University of Basel (CH)</i>
17:00-17:30	Panel discussion moderated by co-chairs
17:30-18:00	Coffee break
Session 5	The Italian Brain Health Strategy <i>Chairs: Matilde Leonardi, Alessandro Bertolino</i>
18:00-19:00	Roundtable: Implementing Brain health in Italy <i>Presidents of the Organizations members of the Italian Brain Health Strategy</i>
19:00-19:15	Announcement of IABH meeting 2027 in Singapore Christopher Chen, National University Singapore
20:00-22:00	Social dinner in town (on invitation only)

Friday, November 27, 2026
Leon's Place Hotel, Sala Andromeda
Via XX Settembre, 90/94, Rome

Workshop 1

New approaches in Brain Health I
Chairs: Indrit Begue, Christopher Chen

08:30-08:45

Digital biomarkers for brain health
Tobias Nef, University of Bern (CH)

08:45-09:00

Brain Health as the New Wealth of Nations: From Science to Public Policy
Facundo Manes, Ineco Foundation (ARG)

09:00-09:15

Tba
Alessandro Padovani, Università di Brescia (ITA)

Workshop 2

Approaches to Brain Health from all over the world
Chairs: Claudio Bassetti, Andrea Winkler

09:15-09:30

Asian perspectives
Prathima Murthy, NIMHANS Bangalore, India

09:30-09:45

The China Brain Health Initiative
Zhao Min, China Brain Health Initiative

09:45-10:00

Tracing the biological embedding of adversity across neuropsychiatric trajectories in Latin America and the Caribbean
Hernando Santamaria, Pontificia Universidad Javeriana, Colombia

10:00-10:30

Coffee Break

10:30-10:45

Brain Health in Chile
Andrea Slachevsky, University of Chile

10:45-11:00

African Perspectives
Daniel Gams Massi, Université de Douala, Cameroun

11:00-11:15

European Partnership for Brain Health
Thomas Gasser, University Hospital Tübingen (DE)

11:15-11:30

World Perspectives
Steven Lewis, World Federation of Neurology

11:30-11:45

Short break

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Leon's Place Hotel, Sala Andromeda
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Workshop 3

The International Alliance on Brain Health

Chairs: Elena Moro, Alfred Njamnshi

11:45-12:30

Official Launch of the IABH: Round table

C. Bassetti, C. Chen, S. Dabette, F. Manes and B. Wang

12:30-12:45

Conclusion of the event

Mario Zappia, Andrea Fiorillo